



Santa Clara Valley Dental Hygienists' Association

September 2009

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[Renew your ADHA membership online 24 -7](#)

[New Graduates Transition your student membership today!](#)

[Changed your address? Contact the Dental Hygiene Committee of California today!](#)

[Commission on Dental Accreditation \(CODA\)adopts new standards for dental hygiene education](#)

Dear Colleagues,

I hope you have enjoyed the summer relaxing and spending time with family and friends. Your SCVDHA board has been busy planning your next years' events and Continuing Educations courses. We will be offering courses ranging from the systemic/oral disease connection to the ergonomic benefits of Tai Chi for dental hygienists.

I would like to congratulate the graduates from Foothill and Western Career Colleges. I would like to extend a personal invitation to our new grads and students to attend one of our CE programs or come to a board meeting. Involvement in our professional association is an excellent way to stay current, experience camaraderie, and network with your peers. The dental hygiene profession would not be what it is today without our professional association.

SCVDHA offers many avenues for member participation: from volunteering in one of our library dental health story hours, to distributing oral health information at the Children's Discovery Museum in February. Please feel free to contact us if you have a topic or a speaker you would like to hear at one of our CE programs. Your input is always welcome at our monthly board meetings. Please encourage your dental hygiene colleagues and friends to become members of our association. Our strength as an organization and profession depends upon our membership.

Thank you for your continued support of SCVDHA!

Sincerely,
Sue Treleaven, RDH, BS
SCVDHA President
[Contact me](#)

"Rise and Shine in 2009 - 2010"

[Read the summary](#)

[Save the date!](#)

[ADHA Center for Lifelong Learning and Annual Session](#)
[Ceasar's Palace, Las Vegas, Nevada](#)
[June 23 - 29, 2010](#)
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CDHA House of Delegates Report by Joan Miller, RDH Trustee



CDHA celebrated "Be the Change You Want to See" at this year's House of Delegates. Over 300 delegates, officers, students and special guests attended the Annual Session held May 29 - 31, 2009 at the Crowne Plaza Hotel Ventura Beach.

Outgoing CDHA President Noel Kelsch opened the session with the state of the association address emphasizing that this has been the year to "Be the Change", with the focus on getting the message out that every citizen has a right to good oral health.

Incoming President Daphne von Essen set "Rise Up to Your Potential" theme for 2009/2010 as she encouraged members to become engaged in the association in the coming year.

SCVDHA was ably represented by delegates:

Teri Del Prete, Mandy McFarland, Krystal Schmid, Gloria Monzon, Jocelyn Weinhagen, Meg Moore and Liz Segura. Santa Clara also sponsored Foothill College students Janet Schlechter and Kellee Phengthirath and Western Career College students Jami Morris and Maryam Suhr. In addition to voting on the business before the house, delegates and students were able to attend CE courses that "make a difference in the lives and smiles" as well as attend networking and mega issue discussions. The meeting was not all work and no play though. The Ventura scavenger hunt and ice cream social was a great opportunity to get out and explore the city and meet new people.

It is not too early to mark your calendars for next year's House of Delegates to be held at the San Francisco Airport Marriott June 11 - 13, 2010. Consider putting your name in the hat to become a delegate and you will find that it is a great way to meet new people make the decisions that shape our association!

Highlights from the HOD

Maureen Titus, RDHAP, BA was the recipient of the 2009 President's Recognition Award. President Noël Kelsch presented this prestigious Award to Maureen for her many years of outstanding service and dedication to the association.

The "**Be the Change You Want to See**" opportunity drawing was held at the close of the meeting. Elizabeth Tharp from California City was the lucky winner of the \$2,000 gift certificate
Monica Rado, DDS from Reseda, California won the \$200

Nordstrom gift card. The "opportunity drawing" has become a great fundraiser for the CDHA. Special thanks goes out to all of the members and friends who have supported this program.

CDHA Officers for 2009 - 2010

President: Daphne von Essen, RDH

President Elect: Ellen Standly, RDH, MA

VP of Membership and Professional Development:

Carole Broder, RDH BS

VP of Administration and PR: Lygia Jolley, RDH, MA

Secretary-Treasurer: Lisa Okamoto, RDH

Speaker of the House: Lin Sarfaraz, RDH

For more information on the actions of the HOD visit the [CDHA Web site](#)

Continuing Education Calendar

Save the Date for the Upcoming CE Programs!

November 6 - 7, 2009

CDHA 8th Annual CE Extravaganza

Course Topics:

Managing the Medicated Patient

Treating Patients with Autism

Forensic Dentistry

Sleep Breathing Disorders

**Featuring: Ann Eschenaur-Spolarich, RDH, PhD,
Karen Raposa, RDH, MS, Thom Rumerich, DDS and
Doug Chase, DDS**

Sofitel Hotel on the San Francisco Bay
Redwood City, CA

[Click here for the registration form](#)

November 30, 2009

Evening CE Program at the Saratoga Library

Speaker Jonathan Blum, MD, PhD

Infectious Diseases: Update for 2010

SCVDHA Student Leadership Award

Foothill College Student Janet Schlechter was the 2009 Recipient of the Diane Sewell/Sue Walsh Small Student Leadership Award. This award honors the memory of two Foothill College graduates who were early members and leaders in SCVDHA. Presented annually to a Foothill College student who demonstrates leadership, recipients often go on to become members of the SCVDHA Board. Janet was also the SCVDHA sponsored student at this year's house of delegates. As part of her award, Janet will receive her first year of ADHA membership complements of SCVDHA.

Western Career College

WCC students Jami Morris, Gina Peterson and Maryam Suhr found themselves fully engaged in all of the activities of the recent CDHA HOD. As the WCC student delgate, Gina learned the rules of parliamentary procedure during the Student House of Representatives (SHOR) meeting. Jami and Maryam were sponsored by Santa Clara and Peninsula repectively and were included in all the component activites. All three students enjoyed meeting fellow students from all over the state as well as the opportunity to network with their future dental hygiene colleagues.



Community Dental Health

Support Fluoridation in Santa Clara County



Representatives from the Centers for Disease Control visited San Jose in August to discuss the engineering costs to fluoridate water provided by the San Jose Water Company. Approximately 70% of the community water supplies across the country are fluoridated yet only 30% of California's water systems have fluoride added. Currently, in Santa Clara County, only Palo Alto, Milpitas, Mountain View, Sunnyvale and parts of Cupertino, Los Altos and Santa Clara are have fluoridated water. The current discussion with the San Jose Water Company is to determine the cost of fluoridation and begin fundraising for the project. The Health Trust is launching the campaign to begin to raise the necessary funds. As part of the program, the Silicon Valley Oral Health Collaborative, of which SCVDHA is a member, is seeking support for this public health measure from stakeholders in the community. SCVDHA, CDHA and ADHA have already submitted letters of endorsement. Stay tuned for further information on how you can get

involved as a resource for this valuable program.

With the cuts in funding for dental care for children and adults, movements towards disease prevention couldn't come at a better time. However, as in the ongoing health care debate, fluoridation discussions always bring out controversy with fear as the biggest factor in the discussion. As health care professionals we need to stay informed on the issues and continue to educate our patients and the consumers, of the benefits of this public health effort.

[Read more about fluoridation in Santa Clara County from The Health Trust](#)

[San Jose Mercury News Editorial](#)

New Program for Members

Santa Clara Valley and Peninsula DHA Study Group Interest Survey

Have you been feeling isolated working alone in your operatory? Do you want to chat about new instrumentation techniques or treatment protocols? Are you looking for an evening of "shop talk"?

A dental hygiene study club may be just what you are looking for. Whether you are a new grad or a seasoned hygienist you may be interested in getting together for an evening of discussion and support. Our vision is to establish small discussion groups that can gather bimonthly or more frequently, if desired. Some study clubs are patterned after book groups and can include specific topics and discussion leaders. The details will depend on the desires of the group. The group would be open to members of SCVDHA and PDHA. At this point, we would like to survey and see how many people would be interested in forming a group. Once the names are submitted, a time and place for the first meeting can be set. If you are interested in participating or getting more information please contact [Cathy Draper](#) .

Santa Clara Valley Board 2009-2010

President: [Sue Treleaven](#)

Trustee: [Jocelyn Weinhagen](#)

Treasurer: [Teri Del Prete](#)

Membership: [DeLynn Coop](#)

Community Dental Health: [Karen Thur](#)

[Mandy McFarland](#)
[Barbara Duncan](#)

Continuing Education: [Kate Lashki](#)

Hospitality: [Jennifer Zuniga-Stevenson](#)

CE Records: [Joan Miller](#)

Newsletter Editor: [Cathy Draper](#)

Student Relations: [Cathy Draper](#)
[Stacey Steffens](#)

Members at Large: [Meg Moore](#)
[Krystal Schmid](#)
[Andrea Photopoulos](#)

Dear Colleagues,

As we welcome our new graduates into our community and association, they as well as other hygienists in the area face an uncertain job market, I would like to share some words of wisdom that were delivered at my son's graduation from UC Irvine this past June. While the speaker was the dean of a school of engineering and a computer scientist, I thought that her inspirational words could apply to anyone ~ a dental hygiene student, a new graduate or a seasoned professional.

Here they are:

- Be open to the unexpected. You never know what may develop from a new interest.
- Pursue your passion. Don't lose sight of your dreams.
- Always set goals for your career and your life.
- Be a lifelong learner. Never stop growing intellectually.
- Network, network, network! Opportunities often come from people you have met.
- Give back to your community. We all live in this world together.

It is my pleasure to continue to serve as your editor again this year.

I hope that you find the content of the newsletter to be timely and that it meets your needs in our fast paced, information overloaded society! If there is something that you would like to see added or deleted from our e-newsletter, please let me know.

Sincerely,

[Cathy Draper, RDH, MS](#)

Newsletter Editor

Santa Clara Valley Dental Hygienists' Association

Save

ADHA members are eligible for discounts on numerous products and services including loupes and lights from Orascoptic, car insurance from Geico, rental cars from Hertz and

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many hotels. Check out the full list of discounts in the [Members Only](#) section of the web site or use the contact numbers on the back or your membership card.

Offer good as long as you remain a member!

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